

Academic Expectations vs Student's Life

It has been truly said, *Expectation feeds frustration*. Sometimes, the surest things end in greatest irony of all. Suffering is a sure consequence when high expectations persist. I remember my father once said to me "You are a bright student. Expecting from you is obvious". It is the mindset of every parent and it is not their fault to expect out of us because even if we were worse than the worst of the lot, we would still be the best for them. The problem starts when everybody else is interested in your grades and doings, more than your parents and suddenly, you find yourself in a pit of needless advices.

Talking of India alone, in this so-called 'scientific era', most parents want their children to accomplish studies in medical, engineering, scientific research, civil or judicial services. To make their children excel in their life, they spend impulsively just to get their wards admitted into the best coaching institutes.

In these coaching hotspots, stress snuffs out the students' life. Yes, probably if we think in a positive way, they will nourish and polish them in a competitive environment but the hassle in overcoming all the speed breakers and reaching out to everyone's expectations give rise to endless grief and put them into distress. A student during the duration of his coaching gets burdened by the course he has to study, the rat race which he has to win, the behaviour of the teachers and other students in addition to the encumbering expectations. This may not only influence him psychologically but may also lead him to adopt many bad habits like smoking and drinking.

Another hurdle in his life which he has to face is the categorization on the basis of grades and ranks. Maybe it is the modern racism! The division of the students happen in four categories and generally they are 1.outstanding 2.excellent 3.good and 4.average. This puts peer pressure on all the categories: the outstanding and excellent ones get a load of attaining consistency, the good to excel but the average ones are left disturbed, harassed and taunted. They go deep into depression or kill one self, converting many a smiles into unforgettable scars.

In my opinion, competition results in activeness but too much academic expectations may take someone's life, which is horrifying. Case studies show that more than 1, 00,000 teenagers head to these type of coaching centres in a dream of cracking the competitive examinations and their parents spend nearly Rs.2.50 lakhs -Rs.4 lakhs on an average. When their children find themselves lagging behind others, it churns up their psychology.

Life is too short, there should be

No regrets just lessons

No worries just acceptance

No expectations just gratitude.